

2018-2019

ANNUAL REPORT

Our Mission:

To provide prevention and recovery-oriented mental health and substance use services which are quality assured and person-centered, with increased attention to the “whole person.”

Tri-County Mental Health Services

Main Office: 816.468.0400

3011 NE 83rd Street, Suite 1001

Kansas City, Missouri 64119

www.tri-countymhs.org

NOTE FROM THE CEO



Tri-County is a fast-paced, non-profit organization with more than 130 employees and a similar number of contract providers serving thousands of people all over the Northland. We pride ourselves in being present where Northland people do their working and living - in schools and health departments and homes. We serve the elderly and we serve young people. When someone needs us in the middle of the night, we respond.

This Annual Report provides an opportunity to step back and look at the bigger picture. The number of people we saw this past year has surged more than 14% from two years ago, to 9462. That increase of over 1100 additional people comes from a wide range of factors. Three years ago, we switched to a walk-in system for first appointments, and that helps us see more people every day. We are also striving to be out in the community more, and the funding from the Clay County Children's Services Fund is already helping us reach more children in schools.

What does the next year hold in store for Tri-County? Well, first we know that our region's population is growing very rapidly and mental health needs and awareness is spreading. With that growth, we know we will serve an even higher number of people. We also know our volunteer Board of Directors will continue to provide superb leadership and encouragement to meet the needs of our community, and our highly skilled staff will be on the job, day after day, helping people improve their lives.

While the total number served will be even higher, it won't be the statistics that will motivate us. It will be the goodwill and vitality of all of us at Tri-County to achieve our Mission: *To provide prevention and recovery-oriented mental health and substance use services which are quality assured and person-centered, with increased attention to the "whole person."*

- Tom Petrizzo, CEO

BOARD OF DIRECTORS (2018-2019)

CHAIR

Christal Milligan

VICE CHAIR

Rosemary Salerno

SECRETARY

Jennifer Goering

TREASURER

Betty Wilson

Melissa Boyd
Tom Brown
Becky Fisk
Dan Haley
Perry B. Hilvitz
Jan Kauk
Maria Theoharidis
Aerin O'Dell
Chelly Pfeifer
Jera Pruitt
Jim Schmidt

WHO WE SERVE

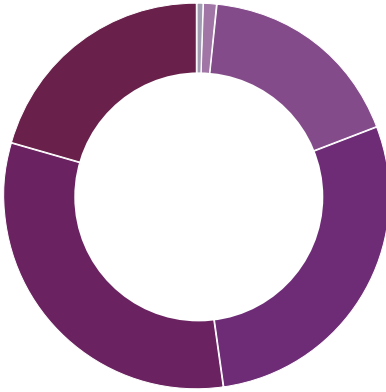
Total Clients: 9,462

Adults: 7,610* | Youth: 1,852

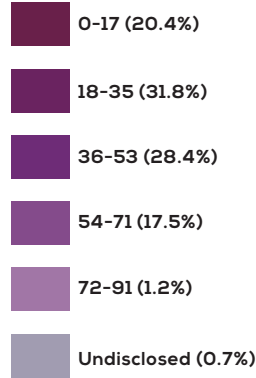
Female: 55.2%

Male: 44.7%

Unknown: 0.1%



AGE OF CLIENTS



White/Caucasian: 82.4%

Black/African-American: 8.7%

Other: 2.8%

Hispanic Origin-Mexican: 2.3%

Native American or Alaskan Native: 1.3%

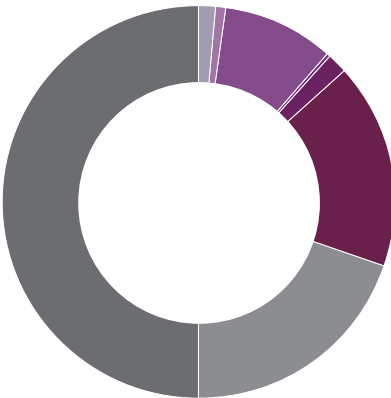
Hispanic Origin-Other: 1.0%

Asian: 0.9%

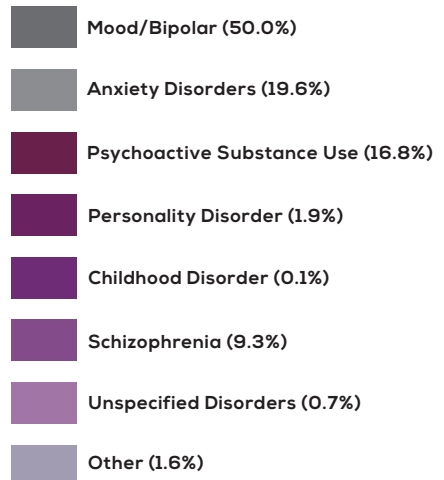
Not of Hispanic origin: 0.3%

Hispanic Origin-Puerto Rican: 0.3%

RACE



PRIMARY DIAGNOSIS



HOW WE SERVE

Tri-County has developed a wide array of programs & services to meet the diverse needs of our community:



- Assessment & Evaluation
- Crisis Intervention
- Community Support
- Medication Support
- Outpatient Services
- Day Treatment Programs
- Substance Use Treatment
- Youth & Children's Services
- Older Adult Services
- Health Care Home
- Employment Services
- Prevention Programs & Services

PREVENTION

The Tri-County Prevention Team continues to serve the community with innovative programs serving over 22,000 people through information, education and advocacy. A good example is a program introduced this year called Handle With Care. This program helps 39 Law Enforcement Agencies in Clay, Platte and Ray Counties notify school districts when their students have had interactions with law enforcement, or been present at such interactions. By making the school districts aware, law enforcement prepares the schools to be ready to help the students when they show up the next day. Such thoughtful creativity has been a hallmark of the Prevention Team for years.

SCHOOL BASED SERVICES

The past year has seen continued expansion of the services that Tri-County offers in locations other than its own offices. By establishing relationships with school districts, health departments and other organizations out in the community, Tri-County can be where its services are needed, when they are needed. When a student is struggling with behavioral health issues in a school, it is more impactful to help that student at the school at that time. By providing assessment and counseling at the school, Tri-County lessens the disruption for everyone involved, and assures that needed services are provided.

EXPRESSIVE THERAPIES

With seed money provided by the Irven E. and NeVada P. Linscomb Foundation, Tri-County launched an Expressive Therapies program in the past year. The program provides treatment to children who have experienced trauma or who have a developmental disability along with a mental illness. Expressive therapies allow children to use art, music and creative writing to enhance their coping skills. Specifically, expressive therapy has been demonstrated to:

- reduce fear or anxiety associated with treatment
- induce positive mood change and acceptance of a therapeutic environment
- decrease client perception of chronic or acute pain
- modulate hormones without side effects or dependence, unlike some medications
- relax heart rate, blood pressure, and respiration rate
- activate autonomic nervous system to promote relaxation
- improve willingness of clients to participate in treatment
- allow clients to practice functional skills such as respectful communication, leadership, and safe coping within a non-threatening environment.

Indeed, the program has been so beneficial that the expressive therapies team is expanding to serve more students in Clay County and other populations served at Tri-County.

Tri-CIT: TRI-COUNTY'S CRISIS INTERVENTION TEAM

Law Enforcement Officers and other first responders are often called upon to deal with individuals suffering with mental health issues. Tri-CIT was set up to help first responders in Clay, Platte and Ray Counties handle those interactions and improve the outcomes. Through training and information, Tri-CIT provides law enforcement officers with more tools to do their job safely and effectively. Tri-CIT creates connections between law enforcement, mental health providers, hospital emergency services and individuals with mental illness and their families. Ultimately, TRI-CIT aims to educate and support law enforcement in an effort to keep people with mental illness out of jail and on the road to recovery.

AMP: TRI-COUNTY'S OLDER ADULT PROGRAM

Depression is not a normal part of aging. Tri-County's Older Adult Program provides education for older adults, professionals and care givers about depression and other issues facing our aging population. Tri-County recognizes the need for older adults and those that care for older adults to participate in community education sessions to better understand depression, its symptoms, and treatment.

One of the ways that Tri-County helps is through the Aging Mastery Program (AMP). AMP provides a comprehensive and fun approach to positive aging by focusing on key aspects of health, finances, relationships, personal growth, and community involvement. Additionally, we provide care coordination for older adults seeking assistance to assure they obtain the behavioral healthcare they need.

TOTAL NET REVENUE

REVENUE

Medicaid, Medicare and MC+	\$9,444,368
DMH	\$3,669,732
Levy	\$4,333,711
Grants	\$678,703
Miscellaneous	\$736,079
Total Revenues	\$18,862,593

EXPENSES

Salary & Benefits	\$7,552,041
Psychiatric Services	\$531,983
Provider Services	\$7,947,009
General Operating Expenses	\$2,551,560
Total Expenses	\$18,582,593
Change in Net Assets	\$280,000



Tri-County Mental Health Services
Board of Directors

OFFERING HOPE IN THE NORTHLAND

Tri-County Mental Health is here to serve
you and your family.

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